



Cimarron Park Recreation Center

2009 FALL SESSION

Cimarron Park Recreation Center

201 Red River Trail
Irving, TX 75063
(972) 910-0702

Hours of Operation

Monday
Wednesday
Friday
6 a.m. to 10 p.m.

Tuesday, Thursday
9 a.m. to 10 p.m.

Saturday
9 a.m. to 5 p.m.

Sunday
1 to 5 p.m.

SPECIAL POINTS OF INTEREST

Registration	Session Begins	Session Ends
September 1, 2009 6 p.m.	September 8, 2009	October 31, 2009

UPCOMING EVENTS

Health Fair
August 8, 9 a.m. - 2 p.m. (Free for the family)

Back to School Bingo
August 14, 6:30 - 8:30 p.m. (5-12yrs old)

Dive-In Movie Night
August 21, 8:30 - 10:30 p.m. (Free for the family)

5K Pumpkin Dash and 1 Mile Fun Run
October 17, 8 a.m. - noon

Halloween Carnival
October 30, 6:30 - 8:30 p.m.



CIMARRON PARK RECREATION CENTER

201 RED RIVER TRAIL

972-910-0702

COMMUNITY PROGRAMS SUPERVISOR

JAMES SMITH

SR. RECREATION SPECIALISTS

Bobby Henry

Maria Seppy

RECREATION SPECIALISTS & LEADERS

Dante Harris

Natalee Johnson

David Rice

Kim Wilson

Shanta Ball

Joel Alexander

Chandra Flowers

Jason Perez

Melissa Dolan

This schedule is subject to change. Any changes necessary will be posted at the recreation center and the parks and recreation business office no later than one week prior to registration.

GUIDELINES FOR REGISTRATION PROCEDURES

1. No early registration allowed. No registration by telephone.
 2. Registration is on first come, first serve process. All classes have limited enrollment.
 3. Photo ID Cards must be presented when registering for recreation center programs or classes.
 4. The first two (2) days of registration are for Irving residents only.
 5. You may only register your immediate family members the first evening of registration sign up. Non-family members may be registered after the first day of registration.
 6. Please have registration form filled out completely for participation sign up. Only (1) form per person. No passing of forms from line to line.
 7. Only (2) classes in a row allowed on any day and a limit of (10) classes a week per patron.
 8. Payment is due at time of registration. Make checks payable to City of Irving.
 9. Pick up any information provided for designated classes (i.e. Ceramic rules, league rules, etc.)
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We request everyone's cooperation in following the registration procedures to ensure an orderly and fair opportunity for everyone to register for classes.

The City of Irving Parks and Recreation Department thanks you for your cooperation.

The City of Irving Parks and Recreation centers offer a smoke free environment.

Programs, facilities, and services are available for individuals with disabilities

SPECIAL EVENTS

Sat	10 a.m. - noon	Paws For A Cause	Family	-0-
Sat	8 a.m. - 1 p.m.	5K Pumpkin Dash Run & Fall Festival	family	-0-
Fri	6:30 - 8:30 p.m.	Halloween Carnival & haunted House	Family	\$.25 per ticket or 5 tickets for \$1
Mon-Wed	7:30 - 6 p.m.	Thanksgiving Camp	6 - 12	\$55

TODDLER CLASSES

<u>DAY</u>	<u>TIME</u>	<u>CLASS</u>	<u>AGE</u>	<u>FEE</u>
Tue	9:15 - 10 a.m.	Baby & Me Boot Camp (T,TH)	0-2	\$10
Wed	9:15 – 10:45 a.m.	Mom & Tots Gym Time	0-2	\$10
	1:30-2:30 p.m.	Mom & Tot Splash Time (North Lake)	0-5	\$15
Fri	9:15 – 10:45 a.m.	Mom & Tots Adventures	0-2	\$15
	1:30-2:30 p.m.	Mom & Tot Splash Time (Northlake)	0-5	\$15

PRE-SCHOOL CLASSES

Mon	9:05 a.m. - noon	Rare Learning (M, W & F)	3-5	\$270 mo/\$180 reduced hrs
	9:15 - 10 a.m.	Early Learning	4-6	\$10
	10 - 11 a.m.	Musical Games	3-6	\$5
	11 a.m. – noon	The Joy of Nursery Rhymes	3-6	\$5
Tue	noon - 1 p.m.	Sticker Scenes	3-6	5.00
	9:15 - 10 a.m.	Baby & Me Bootcamp	0-2	\$10
Wed	10 a.m. – 12:30 p.m.	Preschool Camp (T, TH)	3-6	\$30
	5:30 – 6:30 p.m.	Okinawon Karate (T, TH)	5-up	\$50 mo.
	10 - 11 a.m.	Money don't Grow on Trees	3-6	\$5
Thu	11 a.m. – noon	Pre-School Basketball Fun	3-6	\$5
	noon - 1 p.m.	Animal Friends Around the World	3-6	\$5
	1-3 p.m.	Mom & Tot Splash Time (Northlake)	0-5	\$15
Fri	1-2 p.m.	Krafts for Kids	3-6	\$10
	9:15 - 10 a.m.	Soccer Skills & Drills	3-6	\$5
Sat	10 - 11a.m.	Paper Crafts		
	11:30 – 1 p.m.	Gym Social	3-6	\$5
	noon – 1 p.m.	Comprehensive Curriculum	3-6	\$5
	1 - 3 p.m.	Mom & Tot Splash Time (Northlake)	0-5	\$15
Sat	9:15 – 10 a.m.	Treasure Hunt	3-6	\$5
	10 – 11 a.m.	Pre School Camp	3-6	\$20
	Noon – 1p.m.	Indoor Soccer	6-11	-0-

YOUTH AND TEEN CLASSES

Mon	3:15 - 4 p.m.	Soccer	7-12	\$0
	3:05 - 6 p.m.	After School Program (M-F)	6-12	\$180 per 6-wks
	3:30 - 4:15 p.m.	After School Piano	5-up	\$68 mo. see instructor
	4:15 - 5 p.m.	Moussa Basketball Camp (M,W,F)	7-9	\$76/month
	4 - 5 p.m.	Chess for Beginners	7-12	\$5
	4:15 – 5 p.m.	After School Piano	5-up	\$68 mo. see instructor
	5 – 6 p.m.	Moussa Basketball Camp (M,W,F)	10-12	\$76/month
	5 - 6 p.m.	Chess For Champions	8-Adults	\$5
	5 - 5:45 p.m.	After School Piano	5-up	\$68 mo. see instructor
	5:45 – 6:30 p.m.	After School Piano	5-up	\$68 mo. see instructor
	6 - 7 p.m.	Aerobics (M,W,F)	16-up	\$30 mo.
	6 – 7 p.m.	Sudoku Challenge	9-14	-0-
	5:30 – 7 p.m.	Ballet	3-12	\$35
	8 - 9 p.m.	Pool Challenge	11-16	-0-
Tue	3 – 4 p.m.	Handy Crafts	7-12	\$5
	3:15 – 4 p.m.	Floor Hockey	7-12	-0-
	4 - 6 p.m.	Sand Volleyball	6-12	-0-
	5:30-6:30 p.m.	Okinawon Karate (T, TH)	5-up	\$40 mo.
Wed	6:30 - 7:30 p.m.	Advanced Okinawon Karate (T, TH)	Open	See Instructor
	3:15 - 4 p.m.	Whiffle Ball	7-12	-0-
	4 – 6 p.m.	Learn to Draw & Paint	7- up	\$10
	6 – 7 p.m.	Wii Challenge	16-up	\$5
	7 – 8 p.m.	X Box Elite Games	7- up	\$10
	7 - 9 p.m.	Yoga For Health	13-up	\$13 class or \$40/4 classes
	9 - 10 p.m.	Pool Shark	14- 17	-0-
Thu	3:15 - 4 p.m.	How come?	6-12	\$5
	3:15-4 p.m.	Dodgeball	7-12	-0-
	3:30 – 5 p.m.	After School Piano	5-up	\$68 mo. see instructor
	4 - 5 p.m.	Flag Football	6-12	-0-

YOUTH AND TEEN CLASSES – CONTINUED

<u>DAY</u>	<u>TIME</u>	<u>CLASS</u>	<u>AGE</u>	<u>FEE</u>
Fri	3:15 – 4 p.m.	Kickball	7-12	-0-
	3-5 p.m.	Beginners Guitar Chords	9-16	10
	6:30 - 8 p.m.	Movie & Snack	7-14	\$1/ Night
	8 - 9 p.m.	X- Box Elite	9-up	-0-
Sat	9:05 - 9:35 a.m.	Tennis Lessons	6-7	\$40
	9:15 - 10 a.m.	After School Piano	5-up	\$68 mo. see instructor
	9:30 a.m. - noon	Irving Art of Science		
	9:40 - 10:10 a.m.	Tennis Lessons	6-7	\$40
	10 - 10:45 a.m.	After School Piano	5-up	\$68 mo. see instructor
	10:15 - 11:15 a.m.	Tennis Lessons	8-9	\$40
	10:45 - 11:30 a.m.	After School Piano	5-up	\$68 mo. see instructor
	11:15 a.m. - 12:15 p.m.	Tennis Lessons	10-12	\$40
	1 - 2 p.m.	Strategic Games and Cards	6-12	-0-
	1 - 2:15 p.m.	Indian Dance (girls)	5-7	\$50 mo. see instructor
	2 - 3 p.m.	Flag Football	11-14	-0-
2:15 - 3:30 p.m.	Indian Dance (girls)	8-10	\$50 mo. see instructor	
3:30 - 4:30 p.m.	Indian Dance (boys)	8-10	\$50 mo. see instructor	
3 - 4:30 p.m.	Badminton Bash	16-up	\$5	

ADULT CLASSES

Mon	6 - 7 p.m.	Aerobics (M, W & F)	Adult	\$30 mo.
	6 - 9 p.m.	Cimarron Table Tennis Club (M & F) (Sept.-Dec)	7-up	\$50/individual \$70/family or \$3 day pass
Tue	6 - 9 p.m.	Table Tennis Lessons (per hour)	Adult	\$120/4 lessons
	1 – 3 p.m.	Adult Badminton Gym (T, S)	Adult	-0-
	2 - 3 p.m.	Senior Weight Training	55+	-0-
	6:30 - 9:45 p.m.	Men's Corporate Basketball League	Adult	\$360 per team
	6:30 - 7:30 p.m.	Okinawon Karate (T, TH)	12-up	See Instructor
Wed	7 - 10 p.m.	Sand Volleyball Tournament	Adult	\$5/ team
	7:30 - 8:30 p.m.	Okinawan Kobudo	13-up	\$25 mo./\$45 mo.
	9-10 a.m.	Adult tennis Fun	Adult	-0-
	1 - 2 p.m.	Wii For Seniors	55+	-0-
	6 - 7 p.m.	Bollyslim Aerobics & Diet	Adult	\$100/ drop in \$15
	7 - 8:15 p.m.	Yoga For Health	16-up	\$13/class or \$40/4 classes
	8 - 9 p.m.	Weight Room Basis	Adult	Membership
Thu	7:30 - 9 p.m.	Advance Tennis Lessons (7-weeks)	Adult	\$70
	8 - 9 p.m.	Weight Room Basics	Adult	Fitness Member
	2 - 2:45 p.m.	Senior Bingo Bonanza	55+	\$1/ card
	5:30- 6:15 p.m.	Diet & Yoga	Adult	\$100/ Drop in \$15
Fri	6:30 - 9:45 p.m.	Coed Corporate Basketball League	Adult	\$360 per team
	7:30 - 9 p.m.	Beginning Tennis Lessons (7-weeks)	Adult	\$70
	2 – 3 p.m.	Walking Club	55+	-0-
Sat	7:30 - 9:30 p.m.	Open Volleyball	16-up	I.D. Card
	9 – 10 a.m.	Coed Boot Camp	Adult	See Instructor
Sun	3 - 4:30 p.m.	Badminton Bash	12-up	\$5
	2:15 - 3:30 p.m.	Nutrition Counseling Session and Full Body Assessment	Adult	\$150 mo. see instructor

OPEN GYM BASKETBALL

MON	6 a.m. – 3 p.m. 8 - 9:45 p.m.	WED	6 a.m. - 10 a.m. noon – 3 p.m. 8 - 9:45 p.m.	FRI	6 a.m. - 9 a.m. noon - 2 p.m. Volleyball 7:00 - 9:30p.m.
TUE	4 – 5:30 p.m.	THU	1 - 3 p.m.	SAT	noon - 3:00 p.m.
				SUN	1 - 4:45 p.m.