Preventive medications are used for the prevention of conditions such as high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

You may not have to pay a copay, a coinsurance (the percentage you pay after you meet your deductible) and/or a deductible (the amount you pay before your plan starts to pay) for preventive generic medications. For some, the cost of generic preventive medications may be covered 100% by your pharmacy benefits plan. Please check your plan materials to understand how preventive medications are covered for you.

Following is a list of preventive generic medications arranged by type of condition.
You can also refer to myCigna.com for a complete and up-to-date drug listing where preventive medications are indicated with a “PM” symbol after the drug name. The Prescription Drug Price Quote tool on myCigna.com is available to help you find drug costs for preventive medications covered under your plan.

Health care reform and you
The Patient Protection and Affordable Care Act (PPACA), commonly referred to as “health care reform,” was signed into law on March 23, 2010. This important legislation will result in changes to every American’s health coverage. Some of the changes took effect in 2010 and most of the law’s effects will be felt by 2014. Cigna will comply with all provisions of the law including those that impact your pharmacy coverage plan. For example, depending upon the final government regulations, coverage for medications that have not traditionally been included in pharmacy plans, such as specific over-the-counter (OTC) medications, may be made available at no cost share to you.

As with all covered medications, we would require a prescription from your doctor to process the claim under your pharmacy plan (including OTC medications).

To get the most current information about preventive medications that may be available at no cost to you, visit www.informedonreform.com or Cigna.com and look for the “Informed on Reform” link.
### Preventive Generics Drug List

**Asthma Related**
- albuterol sulfate inhalation solution, syrup, tablet
- aminophylline
- budesonide inhalation solution
- caffeine citrate
- cromolyn sodium inhalation solution
dyphylline
guaifenesin/dyphylline
- ipratropium bromide inhalation solution
- levlebuterol HCl inhalation solution
- metaproterenol sulfate
- montelukast
terbutaline sulfate
- theophylline anhydrous
- zafirlukast

**Blood Pressure Related**

#### (continued)
- enalapril maleate
- enalapril maleate/HCTZ
- eplerenone
- felodipine
- fosinopril sodium
- fosinopril sodium/HCTZ
- furosemide
- guanfacine HCl
- hydralazine HCl
- hydralazine/HCTZ
- hydralazine/reserpine/HCTZ
- hydrochlorothiazide
- hydrochlorothiazide/amilor HCl
- hydroflumethiazide
- indapamide
- labetalol HCl
- lisinopril
- lisinopril/hydrochlorothiazide
- losartan potassium
- losartan/hydrochlorothiazide
- methazolamide
- methylclohexazide
- methylhorda
- metoprolol succinate
- metoprolol tartrate
- metoprolol/HCTZ
- minoxidil
- moexipril HCl
- moexipril HCl/HCTZ
- nadolol
- nicardipine HCl
- nifedipine
- nifedipine ER
- nimodipine
- nisoldipine
- perindopril erbumine
- pindolol
- prazosin HCl
- propranolol HCl
- propranolol/HCTZ
- quinapril

**Blood Pressure Related**

#### (continued)
- quinapril HCl/HCTZ
- ramipril
- rauwolfia serpentina/bfntz
- reserpine
- reserpine/hydrochlorothiazide
- sotalol HCl
- spironolactone
- spironolactone/HCTZ
- terazosin HCl
- timolol maleate
- torsemide
- tandolapril
- tandolapril/verapamil
- triamterene/HCTZ
- valsartan
- valsartan/HCTZ
- verapamil
- verapamil SR

**Blood Thinner**
- cilostazol
- clopidogrel
- dipyridamole
- Jantoven
- ticlopidine HCl
- warfarin

**Cholesterol Related**
- atorvastatin
- cholestyramine
- cholestyramine/aspartame
- cholestyramine/sucrose
- colesterol
- fenofibrate
- fenofibrate, micronized
- fenofibric acid
- fluvastatin
- fluvastatin XL
- gemfibrozil
- lovastatin
- pravastatin sodium
- simvastatin

**Diabetes Related**
- acarbose
- acetohexamide
- chlorpropamide
glimepiride
- glipizide
- glipizide ER
- glipizide/metformin HCl
- glyburide
- glyburide micronized
glyburide/metformin
- metformin HCl
- metformin ER
- nateglinide
- pioglitazone
- pioglitazone/glimeperide
- pioglitazone/metformin
tolazamide
tolbutamide

**Osteoporosis Related**
- alendronate sodium
calcitonin-salmon
- etidronate disodium
- ibandronate
- Fortical

**Representative Prenatal Vitamins**

- All prescription strength generic prenatal vitamins qualify as preventive medications