

RED FLAGS IN RELATIONSHIPS

DOES YOUR PARTNER:

-  act jealous or possessive toward you
-  refuse to let you have other friends
-  check up on you
-  have a quick temper
-  have extreme mood swings
-  become hypersensitive to criticism or perceived criticism
-  blame others for his problems, feelings, or behaviors
-  refuse or is unable to discuss, negotiate, and compromise
-  believe in stereotyped sex roles
-  look at the opposite sex as primarily sex objects
-  always have to be in control
-  manipulate you
-  have unrealistic expectations of you or the relationship
-  get too serious too fast
-  refuse to accept breaking up
-  abuse drugs, alcohol, or other mood-altering substances
-  pressure you to use/abuse alcohol or drugs
-  show little respect for the opposite sex
-  pressure you for sex
-  mistreat animals or children
-  have a history of bad relationships
-  scare you
-  threaten you or others
-  have a history of fighting
-  own or use weapons or display them to back up threats
-  break or strike objects
-  become violent with you or others

Have your family or friends ever warned you about your partner or been concerned about your safety?