

VNA Meals on Wheels

Cycle 3, 2021 Final Menu

September



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p> Contains Peanuts * Contains Pork ~ Entrée Contains Soy # New Menu Item</p>		<p>- 1 - Breaded Chicken ~ Orzo Pasta Sliced Carrots Texas Bread Fresh Orange Milk</p>	<p>- 2 - Sloppy Joe Crispy Cubed Potatoes Lemon Zest Broccoli Hamburger Bun Fudge Cream Cookie Milk</p>	<p>- 3 - Spinach Lasagna Tossed Salad Green Peas Texas Bread Hot Spiced Pineapple Milk Ranch Salad Dressing</p>
<p>- 6 - HSC Closed</p>	<p>- 7 - Marinara Chicken Pesto Penne Pasta # Italian Vegetables Texas Bread Chocolate Chip Cookie Milk</p>	<p>- 8 - Swiss Steak ~ Whipped Potatoes Italian Green Beans Dinner Roll Zee Zee Birthday Bar Milk</p>	<p>- 9 - Breaded Fish Black-Eyed Peas Glazed Carrots Hamburger Bun Graham Crackers Milk Tartar Sauce</p>	<p>- 10 - Hamburger Patty ~ Lettuce and Tomato Ranch Beans Hamburger Bun Hot Cinnamon Milk Mustard and Ketchup</p>
<p>- 13 - BBQ Pork Rib Patty ~ Whole Kernel Corn Broccoli Wheat Bread Lime Gelatin with Pears Milk</p>	<p>- 14 - Homestyle Beef Casserole Green Peas Lemon Brussels Sprouts Wheat Bread Fresh Orange Milk</p>	<p>- 15 - Baked Chicken with Gravy Garlic Whipped Potatoes Italian Green Beans w/ Peppers Diner Roll Chocolate Chip Muffin # Milk</p>	<p>- 16 - Beef Taco Bell Pepper Medley # Charro Beans Flour Tortilla Sugar Cookie Milk Taco Sauce</p>	<p>- 17 - Chicken Chili Dirty Rice Beef Braised Carrots Saltine Crackers Lemon Pudding Milk</p>
<p>- 20 - Salisbury Beef ~ Brown Gravy Delmonico Potatoes Mixed Vegetables Wheat Bread Animal Crackers Milk</p>	<p>- 21 - Queso Chicken Cilantro Lime Tomato Rice # Fiesta Vegetables Texas Bread Oreo Cookies Milk</p>	<p>- 22 - Glazed Ham * Lima Beans Mixed Greens Corn Muffin Fresh Apple Milk Margarine</p>	<p>- 23 - Turkey Pasta Bolognese Country Tomatoes Green Beans Texas Bread Oatmeal Cream Cookie Milk</p>	<p>- 24 - Hamburger Patty ~ Lettuce and Tomato Baked Beans Hamburger Bun Cranberry Crisp Milk Mustard and Ketchup</p>
<p>- 27 - Alfredo Chicken Meatballs ~ Parsley Penne Pasta Herbed Brussels Sprouts Wheat Bread Chocolate Pie Parfait Milk</p>	<p>- 28 - Turkey Rice Casserole Broccoli Sliced Carrots Wheat Bread Oatmeal Raisin Cookie Milk</p>	<p>- 29 - Meatloaf ~ Brown Gravy Scalloped Potatoes Herbed Green Beans Dinner Roll Fudge Cream Cookie Milk</p>	<p>- 30 - Three Cheese Ziti Whole Kernel Corn Country Tomatoes Wheat Bread Fresh Orange Milk</p>	