

# Meet Your New Alight Health Pro

## Jessica Montfort

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Hi, I'm your new Alight Health Pro™ consultant. I now have the pleasure of working on behalf of you and your employees and wanted you to get to know me a little better.

I'm originally from Dallas, TX and graduated from Texas Women's University with a Bachelor of Science in Nutrition and Wellness. When I'm not helping my members with requests, I enjoy cooking, watching soccer, and dancing!

My favorite part about working at Alight is being able to assist our members in overcoming healthcare-specific obstacles.

I look forward to talking with you soon!