

American Red Cross Lifeguard Training Classes Available

Skills Certification:

Cardiopulmonary Resuscitation (CPR) • Water Rescue
Automated External Defibrillator (AED) • First Aid Treatment

Cost: \$75 Discounts available for City of Irving Applicants



Lifeguard Classes

May

- May 14 - Last day to register
- May 19 - Last day to complete online course work
- May 20 and 21 – In person class 5 to 9 p.m.
- May 22 and 23 – In person class 8 a.m. to 4 p.m.

June

- June 7 - Last day to register
- June 10 - Last day to complete online course work
- June 11, 12, 13 – In person class 8 a.m. to 4 p.m.

Course Prerequisites:

Students must be 15 years of age or older and complete a swim test one week prior to class start or must have instructor approval. • Swim 300 yards. • Retrieve a 10-pound brick from a 7- to 10-foot depth, followed by a 20-yard return carrying the brick. • Tread water for two minutes, no hands.

Contacts:

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CityofIrving.org/Lifeguard

