

Health Flexible Spending Account (FSA)

An employee benefit that helps make qualified healthcare expenses more affordable.



Save on your taxes while saving on your qualified healthcare expenses



More money in your pocket for out-of-pocket expenses

Healthcare expenses can add up. That's a good reason to take advantage of a MetLife Health Flexible Spending Account (FSA). It lets you use pre-tax dollars to pay for out-of-pocket qualified healthcare expenses. So you'll spend less on taxes and have more money available for you.

You can have pre-tax dollars deducted from your paycheck and credited to a Health FSA—up to \$2,750 annually in 2021.¹ Funds in excess of \$550 not used to cover qualified expenses by the end of the calendar year will be forfeited, however your employer allows you to roll over up to \$550.

Enroll today.

For questions, please call MetLife at **1-833-571-0500**.

30 million U.S. employees made use of an FSA in 2018.²

Here's some examples of what a Health FSA covers

- Copays, coinsurance and deductibles
- Office visits, X-rays and lab work
- Qualified vision and dental expenses
- Prescriptions and OTC medications and supplies
- Items such as blood pressure monitors and diabetic testing supplies

- 24/7/365 account access through the easy-to-use online portal and mobile app
- Enhanced mobile app technology with the ability to scan bar codes to determine eligible expenses
- Tailored educational resources and decision support tools and one-click answers to your benefits questions

Valuable features make it easy for you

- Seamless enrollment process and account setup
- Easy payments using a single, smart, multipurpose debit card that knows which of your accounts to tap into
- Full year amount of elected contributions available on Day 1 (whether or not you have made any contributions)

Save up to 30% on qualified expenses using your pre-tax dollars.³



¹Contribution limits are subject to change and should be checked on an annual basis on the IRS website.

²Aite Group report on CDH Trends 2017 & 2018

³Savings are based on estimated Federal, State and Local tax rate of 30%. The amount participants can save in taxes will vary depending on various factors, such as the amount they set aside in the accounts, their annual earnings, whether or not they pay Social Security taxes, the deductions they claim on their tax returns, their tax brackets and their state and local tax regulations. Participants should check with their own tax advisors for information on how their participation will affect their tax savings.

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