



# JOIN the IRVING SHARKS

## Important Dates

**SUMMER SEASON**  
June 6 —  
August 3

**TRY-OUT DATE**  
May 23  
5:30—7 p.m.

**TRY-OUT DATE**  
May 25  
5:30—7 p.m.

We are a pre-competitive swim team dedicated to helping swimmers develop the four competitive strokes, racing skills, and sportsmanship!

### GENERAL INFO:

- For swimmers ages 7—18
- \$75/ swimmer per 8-9 week season
- Practices are Monday, Tuesday, & Wednesday from 10-11 a.m. (7-12 years old) and 11 a.m.—12 p.m. (13-18 years old) at North Lake Natatorium.
- Must provide own swim cap, goggles, and swimsuit

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### Tryout requirements:

- Must be able to jump in deep water and TREAD for 1-minute w/out touching wall.
- After treading, LEVEL OFF and swim 2 CONTINUOUS lengths of the pool FREESTYLE W/ SIDE BREATHING.



**REGISTER TODAY!** at NORTH LAKE NATATORIUM

5001 N. MacArthur Blvd.

Irving, TX 75038

QUESTIONS? Contact:

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