Mental Health Services
North Texas Behavioral Health Authority 214.366.9407
Funding source for residents of Dallas, Kaufman, Ellis, Hunt, Navarro and Rockwall counties for mental health and substance abuse treatment.

Dallas County Community Mental Health Clinics

- Centro de Mi Salud - 628 Centre St., Dallas, TX 75208 (fully bilingual staff) 214.941.0798
  - Intake appointment M-F 9:00-2:00PM /Hours 9-4pm; Provider Appointment 1-2 weeks after intake
- Child & Family Guidance Center 1-866-695-3794 or 214.351.3490
  - Harry Hines Clinic, 8915 Harry Hines Blvd., Dallas, TX 75235
  - Mesquite Clinic, 120 West Main St., #220, Mesquite, TX 75149
  - Plano Clinic, 4031 West Plano Parkway, #211, Plano, TX 75093
  - Stephen J. McManus Mental Health Clinic, 210 West 10th Street, Dallas, TX 75208
- Dallas Metrocare Services
  - Grand Prairie Center & Pharmacy 832 S. Carrier Pkwy, 75051
  - Homeless Services, The Stewpot 408 Park Ave., Dallas, TX 75201
  - Lancaster-Kiest Center & Pharmacy, 3330 S. Lancaster, Dallas, TX 75216
    - Special Needs Offender Program (SNOP), Annex Building
    - Mental Health Clinic at The Bridge shelter, 1818 Corsicana St, Dallas
    - Cohen Military Family Clinic 16160 Midway Rd, #200, Addison, TX 75001
    - Westmoreland Center & Pharmacy, 1353 N. Westmoreland, Dallas, TX 75211
    - Intellectual and Developmental Disability Services
- Integrated Psychotherapeutic Services (IPS) 2121 Main Street #100, Dallas 214-331-1200
- Southern Area Behavior Healthcare 972.283.9090
  - 4333 Gannon Ln., Suite #101, Dallas, TX 75237; Walk-in Clinic - Mon-Fri 2PM-10 PM; Sat & Sun 2-7PM
  - 3001 Al Lipscomb Way, Dallas TX 75215 - Mon-Sat 1-7PM; Accepts Walk-Ins
- Parkland Health & Hospital Systems:
  - Parkland Victim Intervention Program (VIP) 4811 Harry Hines Blvd 214.590.2926
  - Youth & Family Centers (DISD) 214.266.1257
  - Parkland Behavioral Health Clinic 6300 Harry Hines - 7th floor 214.590.5536
    - Amelia Court Health Center (Referrals through HIV services at Amelia Court) 1936 Amelia Court – 1st Floor 214.590.5647
    - Postpartum Mental Health (referrals through Women & Infants Specialty Health)
- Dallas County Local Intellectual Developmental Disabilities Authority (LIDDA): Serving those with intellectual or developmental disabilities

Dallas Metrocare Services:
- LIDDA, 1340 River Bend Dr., STE 300 Dallas, 75247 214.948.9950
- Westmoreland Center, 1353 N. Westmoreland, 75211 214.331.0107
- IDD Services – Desoto, 1619 N. Hampton, Dallas 75115 972.331.6335
- Center for Children with Autism
  - 1330 River Bend Dr, STE 100 972.333.7076
  - 5580 LBJ Fwy, STE 615 972.331.6363

Crisis Hotline & Mobile Crisis Assessments

- NTBHA Mobile Crisis Line 866.260.8000
- LGBT Crisis Hotline 866.843.4564
- National Suicide Hotline 800.273.8255
- National Domestic Violence Hotline 800.799.7233
- CRISISTEXTLINE.org Text HOME to 741741

Counseling Agencies

- Jewish Family Services, 5402 Arapaho Rd., Dallas, TX 75248 972.437.9950
- Pathways Community Support of Texas 8625 King Dr. #111, Dallas, TX 75235 214.631.7002
- Youth Advocate 1525 W. Mockingbird Ln. #400, Dallas, TX 75235 214.821.6505
- Momentous Institute (age 0-15) 106 E. 10th Street, Suite 200, Dallas, TX 75203 214.916.4000
- Pastoral Counseling Center 4525 Lemmon Ave #200, Dallas, TX 75219 214.526.4525
- Resource Center of Dallas (LGBT), 5750 Cedar Springs, Dallas, TX 75235 214.521.5124
- Legacy Counseling Center (HIV) 4054 McKinney Ave #102, Dallas, TX 75204 214.520.6308

Pride Health

- Oak Lawn Center, 2801 Lemmon Ave, Dallas 469.687.3200
- Oak Cliff Health Center, 219 Sunset Ave, STE116-A 972.807.7730
- South Dallas Health Center, 4922 Spring Ave. Dallas 75210 214.421.7848
- Stonebriar Counseling Associates, 9741 Preston Rd, #200, Frisco, TX 75034 972.943.0400
- The Family Place, www. familyplace.org (DV, Trauma) 214.559.2170
- Trauma Support Services of North Texas 972.709.4904
- UTSW Psychotherapy Clinic, 3323 Harry Hines Blvd, Dallas 214.648.7012
- UTSW Family Studies Center, 6363 Forest Park Rd., #722, Dallas, TX 75390 214.645.8300
- Children’s Hospital-Dallas Campus, 1935 Medical District Dr, Dallas 75235 214.456.5900
- Counseling Institute of Texas, 3200 Southern Dr., #100, Garland, TX 75043 972.271.4300
- The Counseling Place, 312 Tyler, Richardson, TX 75083 972.744.4858
- Counseling Works for Children, 5440 Harvest Hill Rd, #140, Dallas, TX 75230 972.960.9981

Collin County Lifesystem Pathways

- Crisis Line (24 hours/day, 7 days/week) 877.422.5939
  - Plano, 7308 Alma Drive, Plano, TX 75025 972.422.5939
    - After hours walk-in clinic, (Mon-Fri 5-9pm; Saturday 5-12pm)
    - McKinney, 1515 Heritage Drive, McKinney, TX 75069 972.562.9647
    - Intellectual and Developmental Disability Services, 7300 Alma Dr, Plano, 75025 972.727.9133

Denton County MHMR

- Crisis Line (24 hours/day, 7 days/week) 800.762.0157
- Service Inquiries (Call for appointment, Locations, Services Provided, etc.) 940.381.5000
  - Intellectual and Developmental Disability Services 940.565.5249

Tarrant County MHMR

- Crisis Line & Service Inquires (Call for appointment, Locations, Services, Etc.) 800.866.2465 or 817.335.3022
- JPS Psychiatric ER (24 hours), 1500 S. Main St, 10th Floor, Ft. Worth 817.702.4151
- JPS Behavioral Health Clinic (M-F, 8a-5p) 1617 Hemphill, Fort Worth 817.702.3100
Transportation Resources
Dallas Area Rapid Transit (DART), scheduling and fares 214.979.1111
DART application for passes for riders with special needs 214.515.7272
Logisicare, Texas Medicaid Transportation 855. 687.3255
MyRide, Medicare Transport 972.855.8084

Housing Resources
Men’s Shelters
The Bridge, 1818 Corsicana St., Dallas, TX 75201 (No children, Dog Kennel) 214.670.1124
Austin Street Shelter, 2929 Hickory St., Dallas, TX 75226 (Men over 45) 214.428.4242
Salvation Army, 5302 Harry Hines Blvd, Dallas, TX 75235 214.424.7000
Dallas Life Foundation, 1100 Cadiz, Dallas, TX 75215 214.421.1380
Union Gospel Mission, 3211 Irving Blvd, Dallas (Intake @ The Bridge) 214.637.6117
Bunkhouse, 1818 S. Ervay St, Dallas, TX 75215 ($9/night) 214.426.5515

Women’s Shelters
Salvation Army, 5302 Harry Hines Blvd, Dallas, TX 75235 (Women & children) 214.424.7112
Union Gospel Mission Center of Hope, 4815 Cass St. (Women/children) 214.638.2988
Union Gospel Mission River Pointe, 9823 Summerfield Circle (Single women/no children) Intake at Center of Hope 214.638.2988
The Bridge, 1818 Corsicana St, Dallas (No children, No Pregnant Women) 214.670.1124
Austin Street Shelter, 2929 Hickory St, Dallas (Women over 18, children) 214.428.4242
Dallas Life Foundation, 1100 Cadiz St., Dallas 214.421.1380

Transitional & Sober Living Housing
Ark of Safety, 3230 Alta Mesa, Dallas, TX 75241 (Women age 18-60) 469.556.2893
Brighter Tomorrows, 928 Bluebird, Irving, TX 75061 972.254.4003
Interfaith Housing Coalition, 5612 Ross Ave, Dallas 214.827.7220
Oxord House – www.texaspxfordhouses.org/dallas 214.706.2943
Our Friend’s Place, 2501 Oak Lawn Ave #500, Dallas (Women ages 18-24) 214.520.6268
HUMA Faith ($10 day, $70 week) 214.729.9179
Way Back House, 899 N. Stemmons, Dallas (Current probation/parole officer) 214.742.1971
Housing Crisis, 4210 Junius St, Dallas 214.221.0037

Other Agencies & Resources
Our Calling Homeless Resource Center 214.444.8796
Day Resource Center, 1818 Corsicana St, Dallas 214.670.3043
Stewpot, 408 Park Avenue, Dallas, TX 75201 214.746.2785
Social service resources: counseling, casework assistance, ID’s, mail services, meals, etc.
Dallas Housing Authority, 3939 N. Hampton Rd, Dallas, TX 75212 214.951.8300
Dept. of Aging and Disability Services (DADS) 800.252.9240
Housing Program Section 8, 2377 Stemmons, Dallas, TX 75207 214.819.1871
Texas Workforce Commission 800.628.5115
Legal Aid of North Texas 214.748.1234
Workforce Solutions of Dallas 214.290.1000
National Alliance for the Mentally Ill (NAMI) 214.341.7133
North Texas Food Bank 214.330.1396
2-1-1 Texas, social service assistance programs 211
Alcoholics Anonymous (AA) 214.887.6699
Narcotics Anonymous (NA) 972.699.9306

Substance Abuse Resources
Outpatient Screening and Assessment Referral -OSAR 844.275.0600
Available at APAA Clinic 3116 Martin Luther King Blvd., Dallas, TX 75216 214.634.2722
Monday through Thursday 9:00 -1:00PM for Walk-Ins

Residential
Homeward Bound, 5300 University Hills Blvd., Dallas, TX 75241 (residential) 214.941.3500
Nexus, 8733 La Prada, Dallas, TX 75228 (FEMALE ONLY – residential & outpatient) 214.321.0156
Turtle Creek Manor, 2707 South St, Dallas 75201 (residential & outpatient) 214.871.2483
Serenity House, 1535 W. Mockingbird Lane, Suite 400, Dallas, TX (residential) 214.819.0567
Cenikor, 2209 S. Main St, Ft. Worth (2 year program) 817.921.2771

Faith-Based Programs – Residential & Treatment Centers
Dallas Life Foundation, 1100 Cadiz St, Dallas 214.421.1380
Dallas Restoration Church, 2515 S. 2nd Ave, Dallas (No Psych Meds) 214.428.7573
Salvation Army ARC, 5554 Harry Hines Blvd, Dallas, TX 75235 214.630.5611
Soul’s Harbor, 13134 Nile Dr., Dallas, TX 75253 972.557.0160
24 Hour Club, 4636 Ross Ave, Dallas 75204 214.823.3200
Victory Outreach, 8344 Danville Dr., Dallas 972.891.2740
Golden Gate Recovery, 1128 Sabine, Dallas 75203 214.942.7474
Outcry in the Barrio, 4419 Hamilton Ave, Dallas 75210 214.565.5005
Rhema Ranch 214.837.0532
Men of Nehemiah 214.421.6705

Outpatient
Addicare Group of Texas, 2722 W. Kingsley #115, Garland, TX 75042 972.278.4760
Centro de Mi Salud, 628 Centre St, Dallas, TX 75208 214.941.0798
Dallas Challenge, 201 S. Tyler, Dallas, TX 75208 (Youth Program) 214.942.5166
First Step Counseling, 2198 Sunset Ave #101, Dallas 214.942.8808
Integrated Psychotherapeutic Services, 2121 Main #100, Dallas, TX 214.331.1200
Phoenix House, 2345 Regan Street, Dallas, TX 75219 (Youth Program) 214.999.1044
Remedy Addictions Counselors, 2528 N. Fitzhugh Ave, Dallas 972.253.0000
Solace Counseling, 1475 Prudential Dr, Dallas (NOT IN NTBHA NETWORK) 214.522.4640
S.T.E.P., (Methadone Clinic) 2528 N. Fitzhugh Ave, Dallas 972.253.0000

West Texas Counseling & Rehabilitative Foundation (Methadone Clinics)
- Irving – 1116 W. Pioneer Drive #1112, Irving, TX 75061 972.253.9370
- Dallas – 1808 Market Center Blvd., Dallas, TX 75207 214.630.7146
- Plano – 1108 Dobie Drive, Plano, TX 75074 972.516.2900